



April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Easter Lunch</u> Oven Fried Chicken Stuffed Potatoes Deviled Eggs Carrot & Celery Sticks Yogurt Berry Salad Cup Cakes	3 Shepherd's Pie Potatoes WG Biscuit Pears & Strawberries CHOCOLATE MOUSSE DAY	4 Herb Chicken w/ Apple Stuffing Red Potatoes Broccoli WW Roll Mixed Fruit	5 Pizza & Soup Green Salad Caramel Bread Sticks Mandarin Oranges CARAMEL DAY PIZZA DAY	6 Beef Stroganoff w/Noodles Asparagus Glazed Carrots WG Roll Fruit Cup
9 Salisbury Steak w/mushroom gravy w/potatoes, carrots Summer Squash Half-grain Biscuit Peaches ALMOND COOKIE DAY	11 Lasagna Italian Blend veggies Mixed greens salad WG garlic bread Fruit Salad	12 Chicken Pot Pie Broccoli Salad Biscuit Mandarin Oranges Cookie	13 Broccoli Soup Grilled Cheese Spinach Salad Pears & Berries GRILLED CHEESE SAND WHICH DAY	14 <u>Bake Sale</u> Green Chili Enchiladas Pinto Beans Mexicali Corn Lettuce Diced Tomatoes, Salsa PEACH COBBLER DAY
16 <u>Brunch for Lunch</u> Scrambled Eggs and Ham Hash Browns Muffin Fruit cup EGGS DAY	17 Taco Salad w/ the works Bread Sticks Pineapple	18 Ground Rounds w/ Grilled Onions Mashed Potatoes Brussel Sprouts WG Bread Mandarin Oranges Pudding	19 Chicken a la King over noodles Asparagus Glazed Carrots WG Roll Apple Waldorf Salad	20 Hamburgers w/ the works Baked Beans Spinach Salad Whole Grain Bun PINEAPPLE UPSIDE DOWN CAKE DAY
23 Grilled Chicken Southwestern Salad Tortilla Mixed Fruit CHERRY CHEESECAKE DAY	24 Pork Chops Red Potatoes Squash Medley Glazed Carrots WG Biscuits Applesauce	25 Navajo Taco w/the works Peaches ZUCCHINI BREAD DAY	26 Chicken Divan Mashed Potatoes Steamed Spinach Corn Bread Strawberries	27 Catfish Peas & Carrots Cucumber & Tomatoes WW Bread Fresh Orange Brownie
30 Chicken Rice Casserole Mixed Vegetables Broccoli Salad Pears & Berries OATMEAL COOKIE DAY	Please Call By 10:00 Am or Dine In or Carry Out 928-643-7278	SPRING HAS SPRUNG!	Meals are partially funded by Nacog and DES	Birthdays 3 rd - Bill 5 th - Ziggy 29 th - Shanna

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."