

August 2019

| Monday | Tuesday | wednesday | Thursday | Friday |
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| <p>ALL MEALS ARE PARTIALLY FUNDED BY DES AND NACOG</p> | <p>PLEASE CALL BY 10 AM DINE IN OR CARRY OUT 928-643-7278</p> | <p>★HAPPY BIRTHDAY! 13-ROBERT C. 22-CHAROLETTE S. 29-EVELYN T. 30-HOMER B.</p> | <p>1 Taco Salad Black beans Spanish Rice Lettuce & Tomatoes Pico de Gallo Pineapple RASPBERRY CREAM PIE DAY</p> | <p>2 </p> |
| <p>5 Sante Fe Turkey Melts on Sour Dough Macaroni Salad Tomatoes & Cottage Cheese Cherry Salad</p> | <p>6 Tuna Salad in a Pita Romaine Lettuce and Tomatoes Cucumber slices Pears ROOT BEER FLOAT DAY</p> | <p>7 Bacon Cheeseburger on WG Bun Oven Fries Lettuce, tomato, onion Nutty Apple Salad</p> | <p>8 Chicken Stir Fry Brown Rice Squash Medley Green Salad Mandarin Oranges</p> | <p>9 Ham and Eggs Bell Peppers, Tomatoes, Onions Roasted Potatoes Bagel & Cream Cheese Berries Cinnamon Roll Bites RICE PUDDING DAY</p> |
| <p>12 Chicken Quesadilla Black Beans Shredded Lettuce and Tomatoes Corn Salad Guacamole and Salsa Cantaloupe</p> | <p>13 Seafood Salad over Romaine Lettuce WG Crackers Cucumber Slices and Cherry Tomatoes Grapes Bread Pudding</p> | <p>14 Bratwurst on Bun Sauerkraut Potato Salad HDM: Mashed Potatoes Baked Beans Apple Slices CREAMSICLE DAY</p> | <p>15 Navajo Tacos Lettuce & Pico Mexi Corn Fruit Cocktail LEMON MERINGUE PIE DAY</p> | <p>16 Pulled Pork Sandwiches Sweet Potato Fries Steamed Cauliflower WG Bun Pears with Jello</p> |
| <p>019 Chicken a la King with Peas, Carrots, mushrooms Over Noodles Spinach Salad Mandarin Oranges</p> | <p>20 Lemon Pepper Fish Mashed Butternut Squash Steamed Broccoli WW Bread Applesauce CHOCOLATE CREAM PIE</p> | <p>21 Roast Beef & Gravy Mashed Potatoes Mixed Vegetables WW Bread Fruit Cocktail</p> | <p>22 Chicken Strip Wrap W/ Chips Pasta Salad Coleslaw Bell Pepper Slices Pineapple</p> | <p>23 Patty Melts Potato Wedges Broccoli Salad Fresh Strawberries SPONGE CAKE DAY</p> |
| <p>26 Green Chile Enchiladas Pinto Beans Mexicali Corn Romaine & Diced Tomatoes Tropical Fruit CHERRY POPSICLE DAY</p> | <p>27 Cube Steak Mashed Potato Cooked Carrots Green Salad WG Roll Peaches</p> | <p>28 French Dip Sandwich Baked Beans Coleslaw (HDM: Cooked Kale) Mixed Fruit Ambrosia CHERRY TURNOVER DAY</p> | <p>29 Rosemary Chicken Roasted Red Potatoes Green Beans Corn Bread Fresh Apple</p> | <p>30 Chicken Bowtie Pasta (with Cherry Tomatoes, Broccoli, bell pepper) Romaine Salad WG Bread Watermelon</p> |

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.