

February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HAPPY BIRTHDAY 2-LINDA CHATTERLY 15-RON SPUTE</p>	<p>PLEASE CALL BY 10 AM DINE IN OR CARRY OUT 928-643-7278</p>	<p>MEALS ARE PARTIALLY FUNDED BY NACOG AND DES</p>		<p>1 BRUNCH FOR LUNCH Scrambled Eggs & Ham Hash Browns Sliced Oranges French Toast Sticks Yogurt fruit cup BUBBLE GUM DAY</p>
<p>4 Ham & White Beans w/ peppers & onions Collard Greens Radish Salad Corn Bread <i>Pineapple</i> HOMEMADE SOUP DAY</p>	<p>5 Chicken Fried Steak Parsley Potatoes California Blend Vegetables Biscuits Tropical Salad</p> 	<p>6 Tacos Mexicali Corn w/ Red Peppers Refried Beans Salsa, shredded Lettuce Corn Tortillas Fruit Salad FROZEN YOGURT DAY</p>	<p>7 Chicken Fettuccini Alfredo Squash Medley Spinach Salad (Steamed for HDM) Garlic Bread Cinnamon Baked Apples FETTUCINI ALFREDO DAY</p>	<p>8 BAKE SALE Beef Stroganoff w/ noodles Cauliflower Sweet Potatoes WG Roll Pears & Berries</p> 
<p>11 Mac & Cheese w/ Ham Steamed Broccoli Mixed Green Salad (HDM: Cooked Carrots) WG Roll Peaches</p> 	<p>12 Country Herb Chicken Brown Rice Acorn Squash Savory Green Beans WG Roll Citrus Salad</p>	<p>13 Santa Fe Turkey Melt Stewed Tomatoes Steamed Cabbage Rye Bread Pears & Berries</p> 	<p>14 Roast Beef Red Potatoes and Carrots Zucchini and Red Peppers Biscuits Cherry Cheesecake</p>	<p>15 Lemon Catfish Sweet Potato Fries Mixed Vegetables 3-Bean Salad WG Roll Fresh Orange</p>
<p>18 HAPPY PRESIDENTS DAY</p>	<p>19 Beef Fajitas w/peppers WW Flour Tortilla Fiesta Bean Salad Lettuce & Tomato Pineapple</p>	<p>20 French Dip Sandwich Baked Beans Coleslaw (HDM: Cooked Kale) Mixed Fruit Ambrosia CHERRY PIE DAY</p> 	<p>21 Chicken Pot Pie w/ Mixed Vegetables Baked Potato Biscuit Banana STICKY BUN DAY</p>	<p>22 Chicken Rice Casserole Mixed Vegetables Sweet Potatoes Pears COOK A SWEET POTATO DAY</p>
<p>25 S&S Chicken Chinese Fried Rice Oriental Vegetables Steamed Cabbage Mandarin Oranges Fortune Cookie</p> 	<p>26 Hearty Beef Stew w/potatoes, carrots, onions, tomatoes Peas Corn WG Biscuit Applesauce</p>	<p>27 Breaded Fish Sweet Potato Fries Cole Slaw (HDM: Green Beans) WG Roll Strawberries STRAWBERRY DAY</p>	<p>28 Tater Tot Casserole Italian Blend veggies Mixed Greens salad (HDM: Winter Squash) WG garlic bread Mixed Fruit</p>	

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.