



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BIRTHDAYS</b> 09-Marlene Turner 12-Nolan McGuire 16-Julian Fox 24-Nellie Hoyt 25-Jean Mitrani 27-Betty Nuttall	MEALS ARE PARTIALLY FUNDED BY NACOG AND DES  CALL BY 10:00 928-643-7278	1 Chicken Primavera Squash Glazed carrots WG Garlic Bread Citrus Salad Peanut Butter Cookies	2 French Dip Sandwich Potato Wedges Spinach Salad WG Bun Banana Cream Pie	3 Ham and Potato Skillet w/ peppers & onions Steamed Cabbage Lima Beans WG Roll Peaches
6 Roast Pork w/Cranberry Glaze Sweet Potatoes Asparagus WG Roll Applesauce	7 Pancakes Hash browns Bacon and Sausage Scrambled Eggs Jell-O Fruit Salad	8 Meatloaf Mashed Potatoes Mixed Vegetables Sliced Bread Baked Apples	9 Cream Potato Soup Turkey Sandwich w/ the works Coleslaw Fruit cocktail	10 Pot Roast Roasted Potatoes, Carrots & Onions Kidney Bean Salad WG Biscuit Orange <b>BAKE SALE</b>
13 Chicken Salad w/ the works Bread Sticks Peach Crisp	14 Hamburgers w/ the works Potato Chips Baked Beans Pineapple	15 Country Herb Chicken Asparagus Mixed Greens Salad Corn Bread Peaches	16 Spaghetti & Meatballs Squash Medley WG Garlic Bread Strawberries Cider Cake	17 St Patrick's Day Corned Beef & Cabbage Red Potatoes Carrots Irish Soda Bread Mixed Fruit Pistachio Pudding Bars
20 Pulled Pork 3 Bean Bake Spinach Salad WG Bun Pears	21 Navajo Tacos w/ the works Mexi Corn Strawberries and Frozen Yogurts	22 Chili Baked Potato w/ the works Mixed Green Salad Corn Bread Peaches N Cream	23 Orange Chicken Chinese Fried Rice Oriental Vegetables Egg Roll Mandarin Oranges Fortune Cookie	24 Swedish Meatballs w/ noodles Vegetables Glazed Beets Whole Grain Bread Citrus Salad
27 Beef Fajitas w/the works Fiesta Bean Salad Mexicali Corn Peaches	28 Lasagna Italian Blend veggies Mixed Greens salad WG garlic bread Fresh Orange Black Forest Cake	29 Santa Fe Turkey Melt Swiss/Avocado on Sourdough Bread Potato Wedges Carrot Salad Fruit Salad	30 Fiesta Lime Chicken Rice w/ Beans Spinach Salad WG Roll Strawberries Pudding	31 Lemon Pepper Fish Peas & Carrots Cole Slaw Tater Tots Citrus Salad WG Roll & Cookie

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.”